

SCISSORS–Delhi

From the Desk of the President, ASI, Delhi State Chapter



Dr. Pawanindra Lal

Executive Director, NBE.
Director Professor of Surgery &
Chairman MAS, MAMC

Dear Colleagues,

As we bring out this issue with the fall in COVID cases and sincerely hope that this trend continues, we must remain cautious and should continue to take all the precautions in the form of social distancing, wearing mask and hand hygiene.

The chapter has continued the academic commitments during these times with conduct of virtual classes for PGs and monthly clinical meetings and I would like to congratulate each one of our membership and our Executive Committee for their success.

The chapter has announced the elections for the post of President Elect 2021 and all registered chapter members are requested to participate if the need for elections does arise which will be conducted online. We have sent emails to all surgeons who either stay or work in GNCTD to choose membership of Delhi State Chapter and relinquish the same from the adjoining states with information to both Associations. This can however be done only with the concurrence of the ASI head office.

I am pleased to inform you all that Delhi ASI Chapter started the first online Communication Skills Course which was attended by 24 participants. This course was conducted over 4 days on a virtual platform from 14th to 17th September 2020 with Dr. Indu Arneja as the Principal Faculty and was inaugurated by ASI President, Dr. P Raghuram.

The Annual Meeting of the Delhi State Chapter ASI is scheduled to be held on a virtual platform by AIIMS, New Delhi from 6th to 8th November 2020 under the chairmanship of Prof. Anurag Srivastava. We request you all to attend the same in large numbers and make it a huge success.

I thank Dr. Tarun Mittal for his dynamism and consistency in carrying out all the activities of the chapter and making timely announcements.

I congratulate Dr. Sumit Chakravarti, for bringing out this edition of the Scissors on time.

Long live ASI Delhi Chapter.

Jai Hind.

Executive-Delhi

President & GC Member

Pawanindra Lal

President Elect-

Anurag Srivastava

Past President-

Rana AK Singh

GC Member-

KN Srivastava

C K Durga

Secretary-

Tarun Mittal

Treasurer-

Nikhil Gupta

Editor-

Sumit Chakravarti

Joint Secretary-

Suresh Kumar Poddar

Executives-

Ajay K. Chauhan (BLK)

Anubhav Vindal (MAMC)

Bachan Singh (MAX)

Deep Goel (Pvt.)

Faisal Mumtaz (Apollo)

Lalit Aggarwal (LHMC)

Maninder Kaur (DDU)

Pramoj Jindal (SGRH)

Rajeev Bansal (Action)

Rajesh K. Soni (SJH)

Rajiv N. Sahai (HRH)

Ravi Patcharu (R&R)

Sameer Nain (RML)

Sanjeev Singhal (NRCH)

Shyam Lal (ESI)

Suhani (AIIMS)

Suruchi (UCMS)

Vivek Bindal (Pvt.)

International Collaboration

Saumitra Rawat

From the Desk of the Secretary, ASI, Delhi State Chapter

Dear Seniors and Colleagues,

As we all know that we all are going through very tough and challenging times. I am thankful to all of you for your constant support and guidance for continuation of the chapter's academic activities through the digital platforms. This new normal is going to stay for a while and to continue with our academics we will soon be having the Annual meeting of the Delhi ASI "SURGICON 2020" from 6th to 8th November organized by AIIMS and the Annual conference of our parent body "ASICON 2020" on digital platforms. I request all of you to actively participate in these meetings and represent our chapter at the National level.

We will also be organizing our chapter elections for President Elect 2021 by online platform for first time.

Looking forward for your support and guidance as always.

Regards



Dr. Tarun Mittal

SURGICON 2020

Dear Sisters and Brothers of Delhi Surgical Society and our young surgeons in Training,

Greetings from the All India Institute of Medical Sciences, New Delhi!

I am happy to share with you that the Department of Surgical Disciplines, AIIMS, New Delhi is organizing SURGICON '20; the flagship program of the Delhi State Chapter of The Association of Surgeons of India; from 06th – 08th November '20. Amidst the ongoing COVID 19 pandemic, this will be conducted on a virtual platform. The theme for the conference is *Rē'vizitSýnora tis GenikísCheirourgikís, which means to revisit the frontiers of General surgery*. The scientific content shall encompass a variety of topics which will help the general surgeon in their caring for their patients as well as clarify basic principles of surgery for our young trainees.

I invite everyone onto this first online SURGICON '20.

With a hope that the World heals soon,

Humbly Yours



Dr. Anurag Srivastava

Professor and Head
Department of Surgical Disciplines,
AIIMS, New Delhi.

"What is coming is better than what is gone."

Plight of Non-Covid Patients in Covid Era

We can argue that COVID-19 has affected life far beyond our imagination? People who got the infection in initial days were unfortunate both in life and death. This can be attributed to lack of awareness towards our understanding about this disease than the disease itself. It has also highlighted our inability to deal with healthcare challenges. Most of the hospital resources were directed to Covid 19 patients and minimum possible were left for others.

Political debates on TV Channels were getting all the attention with a hope of probable solution. Ordeal of migrant labourers and impact of lockdown on economy were discussed at length. Most forgotten and neglected of all were patients with Non- Covid diseases.

What can be worst for a person who has been denied an opportunity to live and die with grace that too due to nonavailability of hospital beds, healthcare workers or mode of transportation to reach timely to a healthcare facility. Life of Non-Covid patients were brought to standstill. Many of them have not visited the hospital due to fear of contracting the infection.

Non-COVID-19 health facilities reported confirmation of COVID-19 in patients admitted for unrelated or non-respiratory illness, caused undue apprehension among healthcare workers.

The fear of mild or asymptomatic cases may go undetected and inadvertently transmit the infection to other patients and healthcare workers, putting these individuals at risk of contracting the disease and compromising the functioning of the healthcare facility has further increased their sufferings.

An article published on 25th April 2020 in English daily, The Hindu, highlighted the issue and wrote “Scarred by COVID-19 patient encounters that have infected many healthcare workers and have forced some hospitals to shut down, many medical institutions have made it a norm to demand proof of a patient being COVID-19 negative before treatment. This has left patients with other health ailments at the risk of deteriorating conditions and running from one hospital to another.”

Patients of cancer, tuberculosis, thalassaemia, uncontrolled diabetes, hypertension, symptomatic cholelithiasis, renal diseases and cardiac ailments etc were without treatment for months as it was arduous to get tested and treated. Significant fall in consultation for Non-Covid ailments during April to June in the speciality like orthopaedics, oncology, paediatrics and nephrology have been reported. It has been reported by BBC that in NHS cancer related referrals have decreased by 60 -70 percent during the pandemic. Elective operations are yet to start in most of the government hospitals and waiting list is getting even longer than before.

We are still far from drawing a comparison between deaths due covid and non- covid patients. However, it is generally agreed that patients with co-morbidities were easy and early victims and care of such patients before they contracted the infection would have mitigated the overall impact of this catastrophe.

The plight of Non Covid patients in ongoing pandemic is a Stark Reality and needs an early remedy. Guidelines will not be enough unless we are ready to learn and live with this pandemic.



Dr. Tanweer Karim

Professor & Head,
Department of Surgery,
ESI-PGIMSR & Hospital,
Basaidarapur, New Delhi-110015.

“ No matter what you're going through, there's a light at the end of the tunnel.”

Rediscovering Surgeon Inside During COVID-19 :-A Journey in Search of Excellence with Safety

Since we are dealing with pandemic, quotes of famous philosopher Aristotle are hitting my mind constantly "Anybody can become angry that is easy, but to be angry with the right person and to the right degree and at the right time and for the right purpose and in the right way that is not within everybody's power and it is not easy". Before corona, as a surgeon we all were so spontaneous in giving cuts to the patients for treatment but now the other popular lines of surgical arena, good surgeons know how to operate, better ones when to operate and the best one when not to operate, have become more logical and phenomenal. Surgery and medical remedies are there to heal the body from damages and as a surgeon or physician we are the healers and mastery in giving right treatment in right proportion at right time with right intention in a right way comes with wisdom, experience, lots of hard work, passion and dedication for medical field and patients.

This is the time to rediscover self as a human being and as a surgeon. One should not leave any stone unturned to acquire knowledge to deal with current pandemic with own experience in a scientific way. Few strategies have become part of our surgical life now and rest few are desired to be followed by all of us as soon as possible.....

- 1) Strict adherence to SOP for surgical procedure irrespective of major or minor.
- 2) Decision about conservative /surgical procedure should be discussed with board/team. A joint decision will always be more patient friendly.
- 3) Avoid unnecessary surgeries. Evidence based medicine practice is the need of the hour. This will be tool to avoid medicolegal litigations too.
- 4) Monthly surgical audit should be mandatory for all centres with emphasis on use of resources, resulting outcomes and quality of life of patients.
- 5) Overcome all the shortcomings related to infrastructure, equipments and technology as previously we used to accept deviation from it especially in government setup thinking we have to work in sub optimal conditions, but now patient and surgeons safety should be the utmost priority without any compromise. We should create healthier environment for us and future generations and shall start working in this direction from today itself.
- 6) Putting aside the surgeons ego, we should use modern technology to seek guidance from pioneers anytime, anywhere basis and put best inputs in patient management. Any time is a good time to let go the ego.
- 7) Sharing knowledge and skills should be our motto. Quality service should matter not the quantity. The insurgence in surgical management of cases we saw in last two decades came to almost zero in elective setting at the starting phase of this pandemic.
- 8) Palliative care facilities should be promoted along with surgical units. Alternative management should always be considered specifically in malignancy scenario. Every patient has right to affordable care of international standards in his own country with joint efforts of all of us.
- 9) Young brigade should be trained in such a manner to make them future ready for upcoming pandemics along with good communication skills and state of the art skill centre training with judicious use of artificial intelligence. Courses on legal literacy should be part of curriculum at the beginning itself.
- 10) With change of attitude and skill upgradation we can achieve safety for surgeon as well as patients. No compromise should be done with patient safety in preoperative, intra operative or postoperative period and follow up too.
- 11) Record keeping should be in such a manner so that we have our sufficient indigenous data of explicit researches all over India leaving no paucity in literature available and should have our own guidelines.

Surely we will come out as winners from this crisis phase and wiser, alert, empathetic and more techno friendly. Though some may find it day dreaming but hardest combined efforts put by us today will make it possible one fine day.

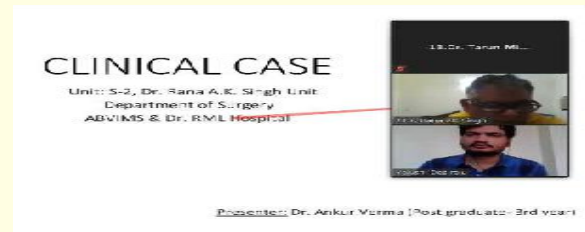
Dr. Kusum Meena
Professor of Surgery,
LHMC, Delhi

"No matter what people tell you, words and ideas can change the world"

Chapter Activities

JULY MONTHLY MEETING

The July monthly meeting & PG Master class of Delhi State Chapter-ASI was organized by Dr. Ram Manohar Lohia Hospital & ABVIMS on July 25, 2020 (Saturday).

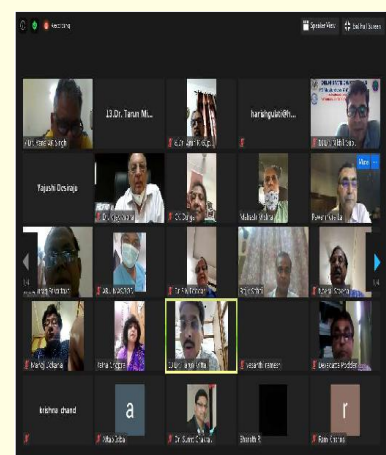
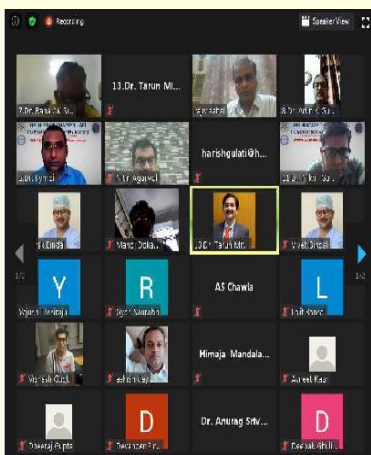


PG Master Class – 2 to 3 pm :

1. Epigastric Lump - Presenter Dr. Agnesh (Dr. Rana AK Singh Unit)
2. Varicose Veins – Presenter Dr. Pynroi (Dr. Arun K Gupta Unit)

Monthly meeting – 3 to 4 pm

S.NO	Topic	Unit
1.	Posttraumatic surgical surprise	Presenter :Dr. Ankur Unit: Dr.Prof Rana AK Singh
2.	An unusual cause of large bowel obstruction	Presenter :Dr.Yajushi Unit: Dr. Prof Arun K Gupta
3.	A surgico-pathological challenge	Presenter :Dr. Raghav Unit: Dr. Prof C K Durga
4.	A rare cause of recto-vaginal fistula	Presenter :Dr. Rohit Unit: Dr. Prof Neeraj Saxena



Chapter Activities

PUBLIC AWARENESS CAMP, RML HOSPITAL

This is to inform you that **Delhi state chapter, ASI in association with RML hospital** organised a **Cancer Awareness Programme** for public on 22 August 2020.

In this we had made posters of various cancer in OPD for public. The general public also interacted with doctors and asked questions about various posters. The senior faculty Dr. Rana AK Singh also delivered public lectures about cancer awareness and its prevention. This camp was well organized and successful with the support of Dr. Rana AK Singh, Dr. Arun Gupta, Dr. Nikhil Gupta, Dr. Sameer Nain.



AUGUST MONTHLY MEETING, SJH

The August monthly meeting & PG Master class of Delhi State Chapter was organized by VMMC & Safdarjung Hospital on August 22, 2020 (Saturday), 2 to 4 pm.

PG Master Class – 2 to 3 pm

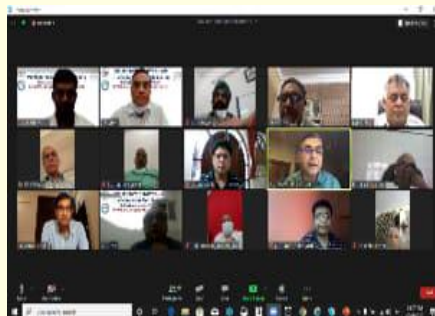
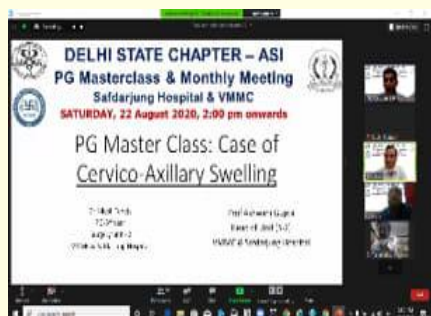
Monthly meeting – 3 to 4 pm

Moderator: Dr. Anurag Srivastava
Dr. Pawanindra Lal,

Chairpersons: Dr. M C Misra, Dr. S V Arya,
Dr. Brij B Agarwal

Topic	Presenter & Unit
1. Cervico-Axillary Swelling	Dr. Nilesh Taneja S-II, Dr. A Gupta
2. Upper abdominal lump	Dr. M Himaja S-IV, Dr. A S Chawla

Topic	Presenter & Unit
1. An interesting scalp lesion	Dr. Monish Raj S-I, Dr. S V Arya
2. A rare case report of pseudopapillary tumor of the pancreas	Dr. Sajal Gupta S-II, Dr. A Gupta
3. Unusual complications of a common disease in COVID times	Dr. Avneet Kaur S-IV, Dr. A S Chawla
4. Series of a rare parotid tumors	Dr. Chebrolu Hethu S-V, Dr. Chintamani



Chapter Activities

WEBINAR

Delhi State Chapter, ASI organized a Panel Discussion on “Ethics and Conflicts in Medical Practice” on 30 August 2020

Approx 1200 delegates participated in this webinar.

LIVE WEBINAR
SUNDAY, 30th August 2020 6:00 PM onwards
DELHI STATE CHAPTER - ASI
Topic: Ethics & Conflict in Medical Practice

PANELISTS

- Dr. B N Gangadhar**
Fellowship Awardee
Director, NIMHANS, Bangalore
Member, Ethics Committee, Board of Governors, MCI
- Dr. P N Tiwari**
Hon'ble Member, Medical Matters,
Consumer Court, Delhi Govt.
- Dr. Girish Tyagi**
Registrar-cum-Secretary
Delhi Medical Council,
Govt. of NCT of Delhi
- Dr. Pawanindra Lal**
President, DISCO
Executive Director, NSE - Dr. Prof.
Dept. of Surgery, MAMC & LHT
- Dr. Ajay Kumar**
Chairman, Disciplinary & MCO
Inst. Of Diseases & Liver Diseases,
BLK Hospital
Member, Ethics Committee, Board of
Governors, MCI
- Dr. Harish Gupta**
Elected Member of DMAC to
the Medical Advisory
Council, MAMC
Member, DMAC & DMCA
Past President, DMA

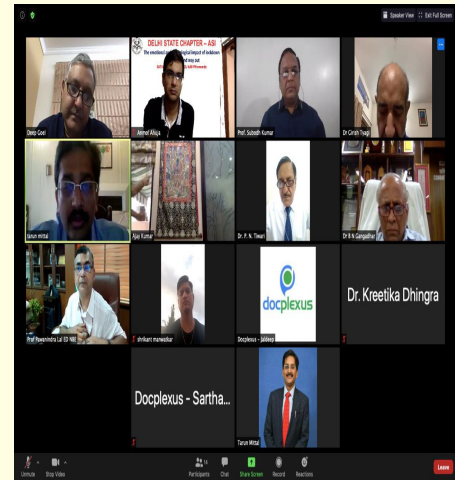
MODERATOR

- Dr. Deep Goel**
Director, Dept of Surgical Gastro
Oncol, Bariatric & Advance Minimal
Access Surgery, BLK Hospital
- Dr. Subodh Kumar**
Chairman, Disciplinary Committee
& Member of Delhi Medical Council
Professor, Surgery, AIIMS, Delhi
- Dr. Tarun Mittal**
Secretary, Delhi State
Chapter, ASI
Consultant, Laparoscopic &
Bariatric Surgeon, SGBH

COORDINATOR

- Dr. Kreetika Dhingra**

Link to Register : <https://www.docplexus.com/ethics-and-conflicts-in-medical-practice>
 For any further details please contact: delhistatechapter@gmail.com



SEPTEMBER MONTHLY MEETING AT DDU HOSPITAL

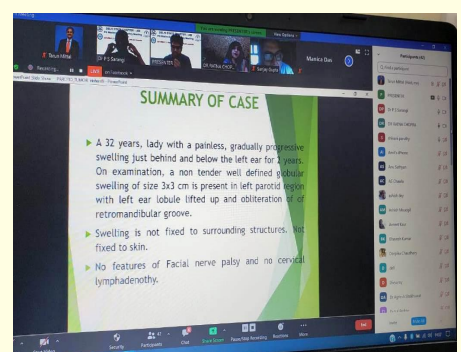
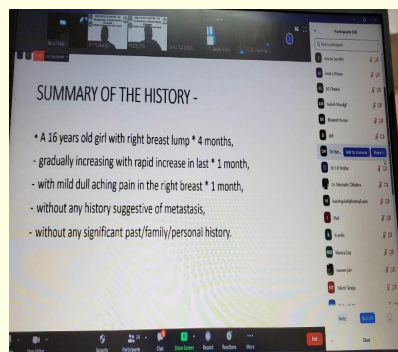
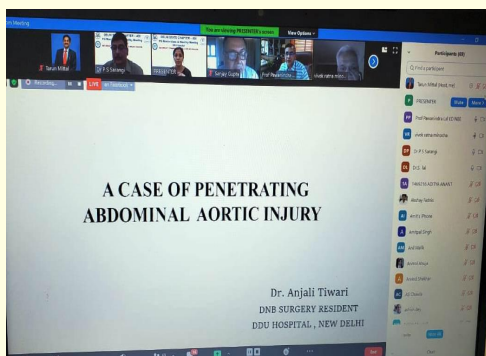
The monthly meeting & PG Master class of Delhi State Chapter was organized by DDU Hospital on September 5, 2020 (Saturday), 2 to 4 pm.

PG Master Class – 2 to 3 pm

Topic	Presenter & Unit
1. Breast Lump	Dr. Ritu Dogra
2. Parotid tumor	Dr. Nishanth

Monthly meeting – 3 to 4 pm

Cases	Presenter & Unit
An unusual cause of perforation peritonitis	Dr. Manikandan Unit – Dr. P S Sarangi
An unusual presentation of blunt injury abdomen	Dr..Sajay Unit – Dr. Puneet Chibber
Penetrating abdominal aortic injury	Dr. Anjali Unit – Dr. P S Sarangi
A rare case of intestinal obstruction	Dr. Pathik Unit – Dr. Puneet Chibber



Chapter Activities

INDIAN TRAVEL FELLOWSHIP

Delhi State Chapter-ASI has sent two of its member for travel fellowship 2020 to high volume center who are doing world class surgery for refining their skills.

Following are their names and center in which they will do their training: -

1. **Dr. Parmeshwar Babulal Bambrule** - to Dr. Shailesh Putambaker, at Galaxy Hospital, Pune for surgical oncology training.

2. **Dr. Piyush Kumar Agrawal** - to Dr. Mohit Bhandari and Dr. Mal Fobi, Mohak bariatric center, Indore for bariatric surgery training.

For this fellowship, Delhi State Chapter-ASI will give them Rs 25 thousand, a trophy and a certificate during inauguration ceremony of SURGICON 2020.

ONLINE SKILL ENHANCEMENT PROGRAMME

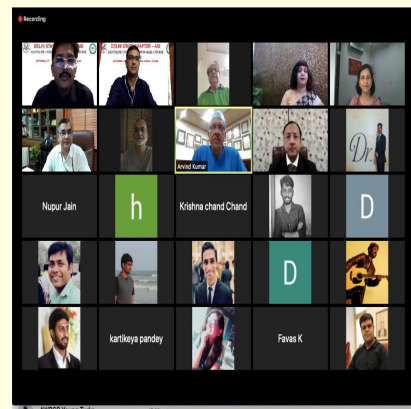
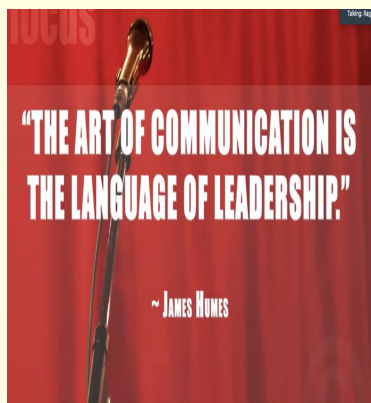
Delhi State Chapter in association with ASI organized ASI National Online skill enhancement program for trainees (ASICOM 2020) from 14-17 Sep 2020 (6-7:30pm)

4 days program (1.5 hr each day – Total 6 hours online program)

Highlights of the program was : -

- Ø Communication style
- Ø Developing communication competency, Essential core skills in clinical comr listening skills
- Ø Handling difficult patient interactions
- Ø Breaking bad news, assessment & feedback

The course faculty was **Dr. Indu Arneja** (Psychologist & Life Coach, Fou NHRC), Practicing psychologist and a Life Coach., Founder Director of Communication (IIHC).



Chapter Activities

SEPTEMBER MONTHLY MEETING AT LHMC

The September monthly meeting & PG Master class of Delhi State Chapter was organized by Lady Hardinge Medical College on September 19, 2020 (Saturday), 2 to 4 pm.

PG Master Class – 2 to 3 pm

Topic	Presenter
1. Carcinoma Penis	Dr.Parth
2. Obstructive Jaundice	Dr. Apoorva

Monthly meeting – 3 to 4 pm

Cases	Presenter & Unit
Massive rare gastric tumor(Report of 2 cases)	Dr. Prashant Unit B– Dr.O P Pathania
Isolated pancreatic injury in blunt abdominal trauma	Dr. Janitta Unit 3– Dr.Shaji Thomas
Duodenal adenocarcinoma, management of an uncommon entity	Dr. Suruchi Unit A – Dr. Romesh Lal
Rare cause of massive LGIB - A surgical challenge	Dr. Vandana Unit C- Dr. Anoop Mohta
Spontaneous rupture of small bowel lumen in Peutz jeghers syndrome	Dr. Ashutosh Nagpal Unit 6– Dr. S K Tudu



Chapter Activities

PUBLIC AWARENESS CAMP, ESI-PGIMSR, BASAIDARAPUR

The Department of Surgery, ESI-PGIMSR, Basaidarapur in association with Delhi State Chapter organized a Public Awareness Camp on "Kidney stones: Prevention and Management Awareness" for factory workers on 1st Oct 2020.

Dr. Atul Jain, Assistant Professor, Department of Surgery delivered the talk and interacted with patients with support from all senior faculty members.

Approximately 50 patients attended the camp maintaining proper physical distance protocol



PUBLIC AWARENESS CAMP, ESI-PGIMSR, BASAIDARAPUR

The Department of Surgery, ESI-PGIMSR, Basaidarapur in association with Delhi State Chapter organized a Public Awareness Camp on "Prostate Health Awareness & Management" on 8th October 2020.

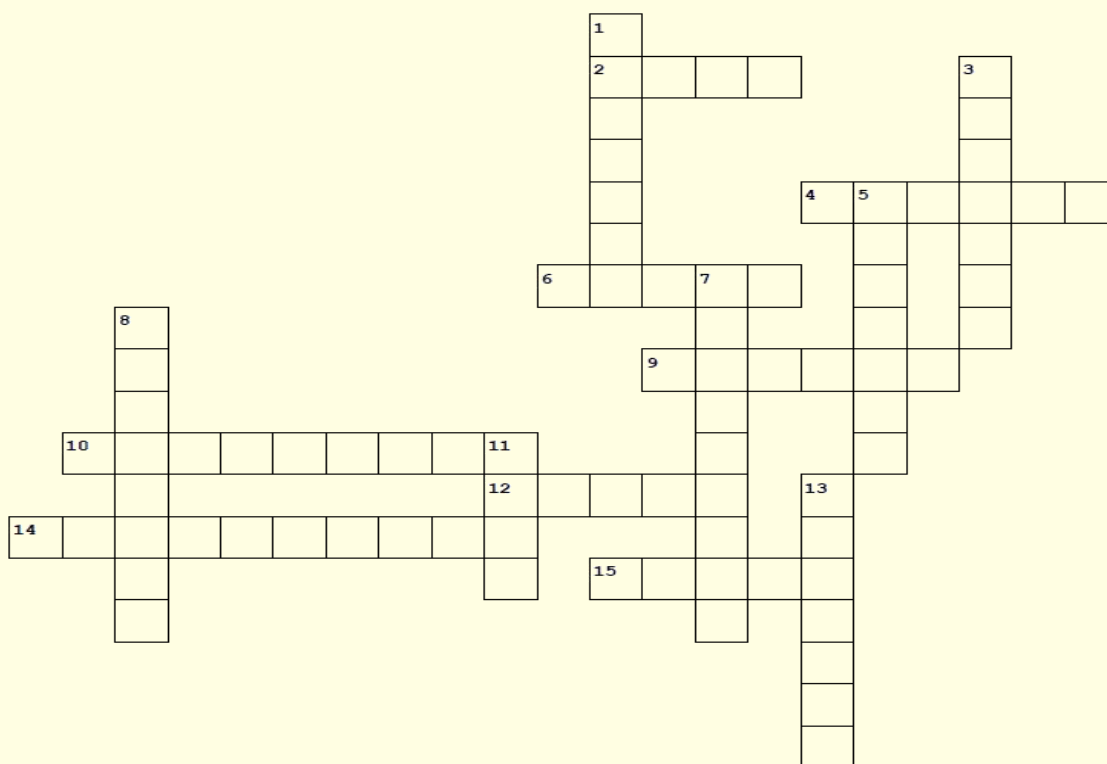
Dr. Suhas Agarwal, Senior Resident, Department of Surgery delivered the talk and interacted with patients with support from all senior faculty members.

Approximately 50 patients attended the camp maintaining proper physical distance protocol.



HERNIA CROSSWORD

Doyens of Hernia repair in History



Across

2. always avoid this triangle
4. devised GPRVS
6. Colombian surgeon started eTEP using RS space
9. hernia containing appendix
10. surgeon from annapolis who started lap TAR
12. first to use mesh for inguinal hernia repair
14. indian surgeon who first used mosquito nets for hernia repair
15. devised SCOLA for divarication of recti

Down

1. First name of Dr. Bassini
3. other name of inguinal ligament
5. location of Shouldice clinic
7. technique of dividing lacunar ligament for treating femoral hernia
8. first described TEP
11. started Open TAR
13. indian surgeon who uses no mesh for hernia repair

Dr. Ashish Dey

MS, FMAS, FIAGES
Associate Consultant, Department of General and
Laparoscopic Surgery and Assistant Professor, GRIPMER
General, Laparoscopic and Bariatric surgeon,
Sir Ganga Ram Hospital,
New Delhi- 110060

#For answers visit last page



SURGICON 2020



Annual Conference

The Delhi State Chapter of
THE ASSOCIATION OF SURGEONS OF INDIA

06-08 November 2020

VIRTUAL CONFERENCE

Theme:

rēvizit Sýnora tis Genikís Cheirourgikís

Registration Details:

Practicing surgeon: INR 500

Postgraduates & Senior residents: Complimentary (registration mandatory)

Click the link to register (after making the payment, as applicable):

https://docs.google.com/forms/d/e/1FAIpQLSddDYIXItgRh441z80JelinOkYSV2Q-zphuZ6ogmrnOrIDMng/viewform?usp=sf_link

Or

Send duly filled registration form with payment proof (as applicable) to
surgicondelhi20@gmail.com

Transfer registration fee (net banking) to:

Name on account: Association of Surgeons of India, Delhi

Account number : 90682010022426

Bank: Syndicate Bank (Sir Ganga Ram Hospital, Rajinder Nagar, Delhi)

Type of account: Savings

IFSC: SYNB0009111

Abstract submission details: Competitive oral paper, free oral paper and e-poster

Last date: 25th October '20

Send to surgicondelhi20@gmail.com.



Organized by
Department of Surgical Disciplines
All India Institute of Medical Sciences, New Delhi

Dr. Jay Datta, Surgeon, AIIMS, New Delhi, India. Email: jaydatta@aiims.edu

EDITOR'S VIEW

Dear Seniors and colleagues,

It is an honour to contribute as an editor of "SCISSORS" and present the achievements and the activities of the best state chapter of Association of Surgeons of India. Newsletter is a medium through which we can express ourselves. Even in Covid era, chapter has continued its intent towards academics, although in virtual mode. I quote- "Success is not final, failure is not fatal: it is the courage to continue that counts." I request all my colleagues to speak up their mind and actively contribute to the Newsletter. Looking forward for your support and guidance.

"If the whole world says NO, I still hear the voice of my ability, Yes! You can do it!"

**Dr. Sumit Chakravarti**

Editor

ASI-Delhi State Chapter

+91-9818730810

sumitchakravarti@yahoo.com

#Clues to Crossword

- eduardo**- First name of Dr Bassini
- toronto**- location of Shouldice clinic
- amyand**- hernia containing appendix
- gimbernat**- technique of dividing lacunar ligament for treating femoral hernia
- poupart**- other name of inguinal ligament
- usher** - first to use mesh for inguinal hernia repair
- stoppa**- devised GPRVS
- mckernon**- first described TEP
- doom** - always avoid this triangle
- claus**- devised SCOLA for divarication of recti
- belyansky**- surgeon from annapolis who started lap TAR
- jorge**- Colombian surgeon started eTEP using RS space
- yuri**- started Open TAR
- desarda**-indian surgeon who uses no mesh for hernia repair
- tongaonkar** - indian surgeon who first used mosquito nets for hernia repair

For Communications mail to- delhistatechapter@gmail.com